

Rudolf Steiner High School

Expectations of Adult Trip Chaperones for Spring Trips

The High School can only take trips, and provide this valuable outdoor experience to students, with the support of adult chaperones, and we appreciate your interest in participating. Multiple-day trips are inherently serious activities and we ask that you consider these expectations, and your ability to meet them, as you consider accompanying us. As the adults we need to be over-prepared so that we can safely manage any situation that develops during the trip. Once that is done we can all enjoy the activities and the company of the students.

Supervision Expectations:

- Work with faculty directing the trip to share supervision responsibility, so that everyone is always aware of who is responsible for what and which students
- Act as back up and support to faculty who take the primary responsibility during the day when students are usually engaged in organized, curriculum-related activity (farm work for the ninth grade and survey work for the tenth grade)
- Take the lead in student supervision during the later afternoon and evening when students are usually engaged in relaxation. Assist with accomplishing chores (including meal preparation) and in ensuring that students are in tents/cabins and quiet at the appropriate time
- Ensure that you take your breaks during the day when faculty are carrying primary responsibility. The delivery of curriculum to students in the outdoors is difficult, please understand that faculty will often need a break in the evening
- Monitor students at all times to ensure that they are adequately dressed – especially in wet or cold weather
- Monitor students to ensure that all are healthy and eating and drinking sufficient food and water
- Monitor students to ensure that all are emotionally supported. If you have concerns about a specific student, please share them with a faculty member
- Please be open to running errands at times when you are not needed for student supervision, as there are often practical needs related to shopping, getting ice, and managing camp needs

Additional Details

- Life Guard training, First Aid and/or Wilderness First Aid and Wilderness First Responder training is very helpful, please share what training and experience you have with the faculty on the trip
- A positive attitude goes a long way with teens – please make every effort to handle rain, snow or long, difficult days with humor and warmth