

Rudolf Steiner High School

Expectations of Adult Trip Chaperones for Maine Trip

The High School can only take trips, and provide this valuable outdoor experience to students, with the support of adult chaperones, and we appreciate your interest in participating. Multiple-day trips are inherently serious activities, and we ask that you consider these expectations, and your ability to meet them, as you consider accompanying us. As the adults we need to be over-prepared so that we can safely manage any situation that develops during the trip. Once that is done, we can all enjoy the hiking and the company of the students.

Physical Expectations:

- Able to camp outside for the full week, sleeping in a tent and managing without showers and buildings for shelter
- Able to hike at a pace allowing you to stay with the high school students reliably
- Able to handle the overnight bus trip to and from Maine

Supervision Expectations:

- Work with faculty directing the trip in order to share supervision responsibility, so that everyone is always aware of who is responsible for what and which students
- Act as back up and support to faculty who take the primary responsibility during the day when students are usually engaged in organized, curriculum-related activity around the intertidal zone
- Take the lead in student supervision during the later afternoon and evening when students are usually engaged in relaxation.
- Assist with accomplishing chores (including meal preparation) in coordination with the camp cook, and coordinate students to perform their part of meal preparation and cleanup duties
- Ensure that students are in tents/cabins and quiet at the appropriate time, and supervise students at the Bath House when bedtime is approaching
- Ensure that you take your breaks during the day when faculty are carrying primary responsibility. The delivery of curriculum to students in the outdoors is difficult, please understand that faculty will often need a break at meal times and at bedtimes.
- Take responsibility for checking in with students after classes are over before faculty members have a chance to return to camp. Ensure that any students who plan to go to the beach do so in groups with an adult chaperone present.
- Monitor students at all times to ensure that they are adequately dressed – especially in wet or cold weather
- Monitor students to ensure that all are healthy and eating and drinking sufficient food and water
- Monitor students to ensure that all are emotionally supported. If you have concerns about a specific student, please share them with a faculty member
- Please be open to running errands at times when you are not needed for student supervision, as there are often practical needs related to shopping, getting ice, and managing camp needs