

RSSAA COVID-19 Precautions – Summer Sports Program

Note that these expectations and precautions will be updated as we return to school and finalize the full school plan for the 2021-22 School Year.

We expect all students, coaches and anyone assisting to follow these guidelines:

- Individuals participating in **indoor** practices will be required to wear a mask at all times during practices other than designated water breaks. These masks must comply with mask requirements during the 2020-2021 school year.
- Individuals participating in **outdoor** practices will not be required to wear a mask during activities (however they may if they so choose). These individuals must still bring a mask for the possibility of going indoors (restrooms, inclement weather sheltering, etc.).
- Everyone must bring their own water bottle and may not share any water bottles during practices.
- All athletes will use hand sanitizer before and after practice.
- Students are asked to arrive at practice already dressed for all activities, and to return home to change back into other clothes. This is to reduce the gathering of students in the limited space of the locker rooms.

During summer practices we will not be testing students for COVID-19 but we do expect that we will be for competitions in the fall, using school provided quick tests.