

Lunch Menu
2022-23 School Year

Monday

Jet's Pizza

One Slice of Deep-Dish, Detroit-Style Pizza - \$3.75

Pepperoni OR cheese

Personal Gluten-Free Pizza - \$13.50

Pepperoni OR cheese

Salads - \$12.50

Garden

Antipasto

Tuesday

Jimmy John's

Plain Slims - \$7.00 Sandwiches with no veggies and no sauce

Slim 1 – Ham & Provolone

Slim 2 – Roast Beef

Slim 3 – Tuna Salad

Slim 4 – Turkey

Slim 5 – Salami, Capicola & Provolone

Slim 6 – Cheese

8-in. Sandwiches - \$8.00

#1 Ham & Provolone

Ham, provolone cheese. *Lettuce, tomato & mayo*

#2 Roast Beef

Sliced roast beef. *Lettuce, tomato & mayo*

#3 Tuna Salad

Tuna salad (includes celery, onions & sauce).
Lettuce, tomato & cucumber

JJ BLT

Applewood smoked bacon. *Lettuce, tomato & mayo*

***NOTE:** Bread can be replaced for a lettuce wrap. Please select this as an option when placing lunch order.

#4 Turkey

Turkey breast. *Lettuce, tomato & mayo*

#5 Salami, Capicola & Provolone

Salami, capicola, provolone, Italian vinaigrette. *Lettuce, tomato & onions*

#6 Vegetarian

Provolone cheese, avocado spread. *Lettuce, tomato, cucumber & mayo*

Wednesday

Lucky Kitchen

Single Dishes

Additional side options NOT included

Vegetable Fried Rice* - **\$8.25**

Chicken Fried Rice* - **\$8.25**

Shrimp Fried Rice* - **\$9.00**

Chicken Lo Mein - **\$8.25**

Beef Lo Mein - **\$9.75**

Combo Dishes - \$9.50

Choice of rice, choice of side item (spring roll or wonton, egg drop or hot & sour soup)

Sesame Tofu Combo*

White or fried rice. Spring roll **OR** wonton soup, egg drop soup, or hot & sour soup.

Sweet & Sour Chicken Combo

White or fried rice. Spring roll **OR** wonton soup, egg drop soup, or hot & sour soup.

Sesame Chicken Combo

White or fried rice. Spring roll **OR** wonton soup, egg drop soup, or hot & sour soup.

*Items that can be made Gluten Free:

-Fried Rice (Vegetable, Chicken, Shrimp)

-Sesame Tofu Combo

Thursday

Kanbu Sushi

Entrees

Bibimbop (Beef, Fried Tofu, or Steamed Tofu): \$14.25

Sauteed carrot, spinach, radish, mushroom, zucchini, and egg over rice; comes with house salad **OR** miso soup.

Katsu Shrimp Tempura: \$9.75

4 pieces of Katsu shrimp lightly battered in tempura and deep-fried served with tempura sauce

Vegetable Tempura: \$8.75

Zucchini, squash, sweet potato, eggplant, asparagus, and mushrooms lightly battered in tempura, then deep-fried and served with tempura sauce.

Sushi Rolls (served with soy sauce, ginger, and wasabi)

\$5.75

\$6.75

Cucumber

CAC (carrot, avocado, cucumber)

Avocado

Crab

Asparagus

Salmon

Tuna

Sides

Vegetable Gyoza: \$7.50

Japanese stuffed dumpling served deep-fried or steamed with a spicy ponzu sauce

House Salad: \$3.50

Lettuce mixed with carrots and red cabbage topped with Japanese ginger dressing

Edamame: \$6.50

Steamed Japanese soybeans with salt

Miso Soup: \$3.00

Soybean paste with tofu, scallions, and seaweed

Friday

Noodles & Co.

Bowls - \$9.00

For Gluten-Free: substitute with rice noodles

V: vegetarian

S: spicy

Wisconsin Mac-n-Cheese

A classic blend of cheddar and jack cheese, cream and elbow macaroni. V

Remove: *cheddar jack cheese*

Japanese Pan Noodles

Caramelized udon noodles in sweet soy sauce, broccoli, mushrooms, carrots, black sesame seeds, and cilantro. S/V

Remove: *mushrooms, black sesame, cilantro, broccoli, carrots*

Pesto Cavatappi

Cavatappi noodles in basil pesto cream sauce, garlic, mushrooms, tomato and parmesan. V

Remove: *parmesan, mushrooms, tomato*

The Med Salad

Tuscan greens and kale, tomato, cucumber, red onion, Kalamata olives, cavatappi pasta, spicy yogurt dressing and feta. S/V

Remove: *feta, tomato, onion, pasta, cucumber, olives*

Pasta Fresca

Penne noodles, flavorful balsamic vinaigrette, olive oil, roasted garlic, red onion, tomato, spinach and parmesan. V

Remove: *parmesan, onion, spinach, tomato*

Spaghetti with Marinara

Spaghetti noodles, crushed tomato marinara and parmesan. V

Remove: *parmesan*

Buttered Noodles

Tender wavy egg noodles, butter, Italian seasonings and parmesan. V

Remove: *parmesan, seasoning*